



Community and Emergency Resources

South Central Texas Region

***Bastrop, Blanco, Burnet, Caldwell, Fayette, Hays, Lee, Llano,
Travis, and Williamson Counties***

Revised April 4, 2011



**TEXAS VETERANS
COMMISSION**



Capital Area Counseling

2824 Real Street, Austin, TX 78722 (2 nearby bus stops in addition to a Metro Rail stop)
512-302-1000 (x 100 for information or to request service)
www.capitalareacounseling.org

Area Served

Travis County and surrounding area

Service Provided

We offer low cost, no-session-limit psychological counseling to adults, couples, families and children. We do not have a Veteran specific program though we do offer services for a wide range of issues including depression, anxiety, social isolation, marital or relationship issues. Some of our counselors are receiving specialized training in working with PTSD. Our sliding scale fee ranges from \$10 - \$50 per session based on household size and income. We do not receive any federal or VA grants.

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Catholic Charities, Archdiocese of San Antonio, Inc.

www.ccaosa.org

Area Served

Atascosa, Bandera, Bee, Bexar, Blanco, Caldwell, Comal, Dewitt, Dimmit, Frio, Goliad, Gonzales, Guadalupe, Hays, Karnes, Kendall, Kerr, Kinney, La Salle, Live Oak, Maverick, McMullen, Real, Uvalde, and Zavala Counties

Service Provided

Provides emergency assistance and counseling services to veterans and their families in need of social services including emergency assistance, counseling services, transportation assistance, and connection to wide range of social services in their communities, including employment and family and child services.

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Downtown Austin Community Court

719 E. 6th Street Austin, TX 78701
512-974-1260
www.ci.austin.tx.us/comcourt/

Area Served

Downtown Austin

Service Provided

Referrals to variety of services for court defendants who are veterans. Court handles Class C misdemeanor cases in downtown Austin and nearby neighborhoods.



Green Doors - Community Partnership for the Homeless

P. O. Box 685065, Austin, TX 78768

512-469-9130

www.austinhomeless.org

Area Served

Travis County

Service Provided

Provides access to housing that meets the needs of Austin's most vulnerable veterans and their families.

Hill Country Community MHMR Center

819 Water Street, Suite 300, Kerrville, TX 78028

830-792-3300

Area Served

Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde, Val Verde

Service Provided

Offers Cognitive Processing Therapy for Veterans dealing with PTSD.

Hope for Heroes, Samaritan Counseling Center and Pastoral Care

8956 Research Blvd. Bldg 2, Austin, TX 78758

512.633.4673(HOPE)/877.426.4673(HOPE)

www.hopeforheroestexas.org

Area Served

Travis, Williamson and Hays counties

Service Provided

It is Hope for Heroes mission to promote wholeness and healing for prior and current service members and their families through confidential counseling and complementary therapies.

Military Moms of Texas

512-470-3485

www.militarymomsoftexas.org

Area Served

Statewide with the largest number in Williamson, Travis, and the Dallas area



Service Provided

Military Moms of Texas provides a Veterans mentorship program as well as opportunities to volunteer in support of other Veterans and active duty military and their families. We have Operation Green Santa at Christmas for Veterans needs.



ROCK - Horses for Heroes

2050 CR 110, Georgetown, TX 78626
(512) 930-7625
www.rockride.org

Area Served

Williamson, Travis, Bell and Bastrop Counties

Service Provided

We provide individual counseling for PTSD and TBI as a part of Horses for Heroes, an ongoing equine assisted therapy program. Horses for Heroes is a nationally recognized, NARHA-endorsed program that R.O.C.K. helped to develop by providing staff and expertise during the pilot program for amputees at BAMC in the summer and fall of 2005. This program is now being endorsed by the Department of Veterans Affairs and NARHA (governing organization for therapeutic riding) for establishment as on-going nationwide program. There are now 38 veterans programs at NARHA certified centers across the U.S. R.O.C.K. has been serving military personnel from Ft. Hood and OEF/OIF Veterans in the 512 telephone area code, in Central Texas since May 2008. Most participants have PTSD and a physical disability and those with Traumatic Brain Injury are the next highest occurring injury.



Texas State University - Veterans Affairs Office

601 University Drive, San Marcos, Texas 78666
www.txstate.edu

Area Served

San Marcos

Service Provided

We have a comprehensive veterans initiative on campus including: 1) a Veteran Advisory Council functioning since 2008 composed of staff and faculty and veterans from every major unit that impacts vets that meets weekly and is approved by President and Provost; 2) a fantastic Veterans Affairs staff that works hard to certify educational benefits; 3) a counseling center with vet staff and including an agreement with Austin Vet Center staff on campus weekly; 4) twice a semester staff and faculty training tied into a Veteran Friendly Office Program initiative; 5) first semester freshman transition seminar required course that has only veterans in it for resource orientation and self care topics; 6) capacity for sleep study by respiratory care staff coupled with a new meditation group for vets that starts this semester, social work elective Troop & Veteran Support course to train social work and other majors to work with troops and vets, wounded warrior alternative dive program initiative and partnership, very developed and active student veteran group Veterans Alliance of Texas State that has monthly luncheons and special events, a similar group for Family & Friends of the Military for families, peer -to- peer training programs for vets and family members, and social work interns trained to work with vets to do linkage and referral (no counseling) to services in the community and on campus.

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Texas State University- San Marcos - Veterans Initiative

512-245-8692

<http://www.va.txstate.edu/>

Area Served

San Marcos

Service Provided

We help students to adjust to academic/civilian life from the military lifestyle. We assist with transitional services such as employment, academic help, personal concerns and finances.

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Travis County Veterans Court

509 W. 11th Street, Suite 2.700, Austin, TX 78701

Area Served

Travis County

Service Provided

Divert veterans from jail and prison into community-based treatment.

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VetRides

220 South Pierce, Burnet, TX 78611

512-756-5400

Area Served

Burnet, Lampasas and Llano Counties

Service Provided

Provide no cost local and out of town transportation services to qualified veterans and their dependants.

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Vets4Vets

1216 W. Clay St. Houston TX 77019

469-563-5669

www.vets4vets.us

Area Served

Greater Houston Area

Service Provided

Vets4Vets is a non-partisan peer support organization for veterans dedicated to helping Iraq and Afghanistan-era vets support one another in healing from the negative effects of service and war. To further this goal, Vets4Vets provides FREE Weekend Workshops that focus on peer support.

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